
Preparation and Ritual - An Exorcism Guide

EDT-503

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Introduction

They say that the devil is in the details. Certainly, when one is fighting the devil himself, the details may mean the difference between salvation and damnation, for one's charge, or for one's self. This document is designed to give some small measure of training to the fledgling exorcist, and to provide reinforcement of prior learning and experience for the veteran combatant in these holy wars.



The Signs of Demonic Possession

Mental Changes



It is important to note that while all cases of demonic possession will have some or all of the following symptoms, one must be judicious in attributing to demons what may simply be mental illness, depression, drug use, or simply extreme personal quirks.

- ❖ **Changes in personality** - especially a happy or gregarious person who changes to become more angry or extremely quiet.
- ❖ **Changes in sleeping patterns** - excessive sleeping can also be a warning sign that a person is in spiritual combat with a demonic force.
- ❖ **Self Harm** - cutting or burning, especially occult or esoteric symbols.
- ❖ **Threatening or Abusive Behavior** - often accompanies personality changes, as the demonic entity begins to take control of its victim
- ❖ **Increase in appetites or sexual desires** - this may be the demon attempting to corrupt its host through the sins of the flesh. Note: teenagers often experience this as a natural consequence of puberty, so do look for it in tandem with other signs.
- ❖ **Night terrors or nightmares** - The mind is most vulnerable at night, when it is normally at rest. The demonic forces may take the opportunity to assault the sleeping mind.
- ❖ **Blackouts or Memory Loss** - A demon may take full control for periods of time, leaving its host confused as to what happened during that time. Demonic possession disguising itself as “alien abduction” often sees this occur.

Physical Changes



If, in the course of an investigation, you find a subject with some of these physical symptoms, it is essential that you seek consultation from a medical professional before moving on to spiritual solutions. While these may seem obviously supernatural to the trained eye, loved ones may need secular reassurance of abnormality.

- ❖ **May go long periods without blinking** - demons are somewhat reptilian in this regard.
- ❖ **May appear catatonic** - like excessive sleeping, this is a sign of spiritual battle, one the victim is losing
- ❖ **May become physically rigid** - frequently cannot be moved, even by multiple people.
- ❖ **Eyes change unnaturally** - May fill with blood, change to a different color, or turn black.
- ❖ **Voice changes** - Pitch may rise or lower dramatically; voice may change entirely, as though another voice were speaking; speaking in tongues, or in a language the victim does not know
- ❖ **Skin changes** - lesions appear, or blisters that have no apparent cause, scarring without a prior wound
- ❖ **Unusual or unnatural bodily movements** - Gliding or crawling instead of walking; twisting into physically painful contortions
- ❖ **Aversion to religious objects** - physical retreat and/or evidence of pain or discomfort at the sight of religious objects such as crosses, statues, or depictions of religious figures (Jesus, Mary, angels, etc.)

An equipment checklist - What's in your kit bag?

An exorcist's primary weapon is his unshakeable faith in the holy spirit to conquer Satan and his demonic servitors. The exorcism ritual focuses that holy power, allowing the exorcist to triumph over evil that he might otherwise not be able to overcome. It is vital, therefore, that the equipment you bring be correct. Some more esoteric demons may require other items, such as garlic or silver, but this is the base kit all exorcists should have.



Crucifix

Silver or oak, blessed

Rites of Exorcism

While Latin is the preferred language for exorcism rituals, some latitude is allowed for English translations.

Candles

Everyday candles are acceptable. These are used to focus the mind, so simple is best.

Silver Mirrors

Demons frequently cannot stand the sight of themselves.

Holy Water

When in doubt, bring extra.

Preparing yourself for spiritual combat



It is IMPERATIVE that you not go into a potential demonic possession situation unprepared, weary, or with doubts in your heart. Just as you must steel your body for the fight to come, so you must steel your faith. How you choose to prepare yourself is a matter of personal choice. This guide is meant to offer options that are frequently found to be valuable. Feel free to adjust them as needed.

- ❖ **Humble yourself before God**
- ❖ **Pray for strength in the battle to come**
- ❖ **Anoint yourself with holy water or blessed oil** - Mark your forehead in the shape of a cross.
- ❖ **Connect with your fellowship** - Whether it is with parishioners or fellow clergy, it is important to draw strength from your shared faith.
- ❖ **Sleep** - This cannot be stressed enough...the mind and body must be at full capacity.

The Ritual of Exorcism

Before you begin - make sure you have your crucifix, holy water, and other equipment with you and at the ready.

- ❖ First, bless the possessed person with holy water
- ❖ Command the demon to be silent in the name of the Lord.
- ❖ If you have the demon's name, command him to leave the possessed person in the name of Jesus. Force it to gaze upon itself with the silver mirrors
- ❖ Light the candles, placing them to either side of the possessed person
- ❖ Speak the exorcism ritual. Latin and English versions follow, and may be printed for handy reference.

LATIN RITUAL

Exorcizamus te, omnis immunde spiritus, omni satanica
potestas, omnis incurio infernalis adversarii, omnis legio,
omnis congregatio et secta diabolica, in nomini et virtute
Domini nostri Jesu Christi, eradicare et effugare a Dei Ecclesia,
ab animabus ad imaginem Dei conditis ac pretioso divini
Agni sanguini redemptis.

ENGLISH RITUAL

We cast you out, every unclean spirit, every satanic power, every onslaught of the infernal adversary, every legion, every diabolical group and sect, in the name and by the power of our Lord Jesus Christ. We command you, begone and fly far from the Church of God, from the souls made by God in His image and redeemed by the precious blood of the divine Lamb.